

Sri Meenakshi Government Arts College For Women (A) Madurai-2

Department of Home Science

Report on International Symposium on Nutritional Insights Into Ageing And Neurodegenerative Disorders held on 18.01.2020.

An international symposium on “Nutritional Insights into Ageing and Neurodegenerative Disorders” was jointly organized by Indian Dietetics Association (IDA), Kilakarai Chapter, Thassim Beevi Abdul Khader College for Women (A), Kilakarai and Sri Meenakshi Government Arts College for Women (A), Madurai on 18.01.2020. IDA Kilakarai Chapter’s Founder President and Principal of Thassim Beevi Abdul Khader College for Women Dr. Sumaya, welcomed the gathering. Dr.C.Ramasubramaniam, State Nodal Officer, TN Police Well-being Programme & Founder, MS Chellamuthu Trust & Research Foundation, Madurai, in his key note address stressed the increasing need for dietitians, nutritionists and psychiatrists in future as Indian Population is greying. He also noted that 41 lakh people in India are affected by Dementia presently and the figure may double by the year 2035. Dr.G.Venugopalan, Consultant in Geriatric Medicine of Apollo Hospitals, Madurai delivered a special lecture on “Nutrition for healthy ageing” in which he highlighted the significance of nutrition to elderly people. Dr. Anbupalam Thalamuthu, Research Fellow, Centre for Healthy Brain Ageing (CHeBA) School of Psychiatry, University of New South Wales (UNSW), Australia, delivered a guest lecture on “Genetics of Ageing and Neuro Degenerative Disorders”. In his lecture, he highlighted the role of genes in longevity and told that the number of centenarians would increase by the year 2050. Dr.S.Kamalasundari, Asst. Professor, Dept of Food Policy & Public Health Nutrition, Community Science College & Research Institute, Tamil Nadu Agricultural University, Madurai delivered a guest lecture on “Food Security Among The Elderly”. Ms. D.Umamaheswari, Clinical Dietitian, Meenakshi Mission Hospital & Research Centre, Madurai delivered a guest lecture on “Nutritional Support Systems in Clinical Care”. Valedictory address was given by Dr.P.Nazni, President, IDA Kilakarai Chapter. Dr. J.B.Sharmila, Secretary, IDA Kilakarai Chapter & Head, Dept. of Home Science, Sri Meenakshi Government Arts College For Women (A), Madurai, proposed the vote of thanks. The international

symposium was well received by more than 200 participants from Tamil Nadu and Pondicherry.